

SPOTLIGHT ON NEW BOARD MEMBER & CLIENT CHRISTIE NUDELMAN ~ *In Her Own Words* ~

"I've seen and met angels wearing the disguise of ordinary people living ordinary lives." Tracy Chapman

Christie Nudelman recently joined the board of directors of The Center for Hearing, Speech & Language – again! This is Christie's second term with the Center. She graduated from Bowling Green State University with a B.S. in Computer Science in 1997 and relocated to Denver, CO immediately thereafter. She has over 10 years experience working for software companies specializing in support organization development and online support community management. Christie currently works for Hewlett-Packard as a project manager for communications and integrations.



New CHSL Board Member, Christie Nudelman

But we'll let Christie tell her own story:

"I was introduced to The Center for Hearing, Speech and Language in Fall of 1997. I had graduated from Bowling Green State University with a BS in Computer Science. I relocated to Denver and through a current board member, Michael McKee, was introduced to the Center. I joined the board in Spring 1998. It was my desire at the time to help with the website and add some ideas on how we could do things; but to be honest, I just didn't "get it at heart", wasn't fully engaged and resigned in Fall 2001.

Over the past several years I have found myself back at the Center, not as a board member, but as a client. I have had a hearing loss since birth and my loss is slowly progressing. I was tested at 18 for hearing aids, but couldn't accept that as a part of my lifestyle back then. I just thought I needed to hang out with louder, better enunciating people!

In the winter of 2006/2007, I found myself back at the Center to be tested again. I wanted to compare my test in 1998 and, predictably, my hearing had deteriorated a bit. I thought now was a great time to see what technology had to offer! I set up appointments and honestly have lost track of how many times I came in for fittings, to test new products, give feedback, tweak and adjust. And every appointment, Jill and staff were there...with smiling faces to help me... one more time! It's hard at 32 years old to adjust to different sounds, realizing that you talk loud, not because of your personality (which is definitely true for me too!), but because I don't hear myself well. What an adjustment! I could finally hear the microwave beep at me and the annoying seat belt sign. I can understand numbers being spoken better; important for retrieving voicemails! The Center was so wonderful to me during this transition time; I can't express it in words. The amount of patience, knowledge, understanding and perseverance still amazes me! The people who work at the Center, are doing what they were called to do!

I have learned about a culture that is as lovely as the people who I have become friends with! It was at this time that I realized I wanted to do what I could to continue to help others and myself.

I inquired about the Board at the Center for Hearing Speech and Language again as it's such a wonderful place. It's a great place for anyone to come and learn about their loss, their options and how to adjust in a supportive environment. It is my hope I can fully understand my "calling" and unleash my energy to future the community programs, create a hub of support group information and find and create avenues to enhance the Center's direction in programs, classes, and community awareness. I don't have one thing I want to do on the board, I want to do many; wherever I can help and make a difference, that is where I want to be."

Christie lives in Arvada and enjoys keeping busy. She is employed by Hewlett Packard and for fun enjoys triathlons and currently is training for her first 1/2 marathon on Nov 30th. She is active in her church group, sings in the choir and loves her monthly signing socials. She can be reached at Christie_nudelman@comcast.net.

Christie Nudelman interview with Margot Newman, October 29, 2008

MAJOR CONTRIBUTIONS TO CHSL

"I don't think you ever stop giving. I really don't. I think it's an on-going process. And it's not just about being able to write a check. It's being able to touch somebody's life." ~ Oprah Winfrey

SPECIAL THANKS TO: Mile High United Way & Pikes Peak United Way

Adams County Community Development
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A.V. Hunter Trust, Inc.
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Pikes Peak Community Foundation
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Teresa & Randy Sanman
Southwest Sertoma Club
Teaming for Technology Colorado/
IBM Corporation
Tourney Sports Graphics/Rick Carman
Mr. Tim Tyler
Jill & Tim Wayne
Wells Fargo Bank
U.S. Recycling
Vango Graphics

INDIVIDUALS

The Center for Hearing, Speech & Language thanks the many individuals, foundations and businesses who support our hearing, speech, language and literacy services targeting low-income, at-risk members of our community!

PRINTING CREDITS

Thanks so much to Barb Kotzian for helping prepare our ListenUp Newsletter and to Alpine Printing for their continued support!

MATCHING GRANT

Sertoma International Matching Grant (through Larry Edwards & Southwest Sertoma)



Fall/Winter '08



WHAT'S INSIDE...

INTRODUCING THE LOG-IN-TO-LANGUAGE LAB FOR KIDS AND ADULTS!

SOUTHWEST SERTOMA GOLF TOURNAMENT 2008!

TIDBITS

SPOTLIGHT ON BOARD MEMBER & CLIENT CHRISTIE NUDELMAN CLIP & SEND COUPON PLEASE SEND IT IN!

YOUR CONTRIBUTION MEANS SO MUCH TO SO MANY!

CHSL WISHES YOU THE HAPPIEST OF HOLIDAYS!

LOG-IN-TO-LANGUAGE LAB: OUR NEWEST LITERACY PROGRAM!

"Once you learn to read, you will be forever free."...Frederick Douglas.

"Research indicates that a student's future academic success can be predicted by his or her reading level at the end of grade three."



Beth O'Brien, Director of Children's & Adolescent Clinical Services, conceptualized the new Log-In-To-Language Lab Program

This is an observation made by renowned reading experts Pat Wolfe and Pamela Nevills. While research shows that the human brain is wired to learn oral language, it is not wired to learn to read. Yet reading skills form the basis of all learning and literacy. The good news is that language awareness and reading can be taught effectively.

And The Center for Hearing, Speech & Language intends to increase our ability to do just that in the coming year.

New for 2009! The Center will offer an innovative literacy program called the Log-in-to-Language-Lab (L3). L3 is a permanent literacy and learning lab we are introducing to children and adolescents

after-school and during vacations, and to adults during the daytime hours, using technology made possible from an IBM and Teaming for Technology, Colorado grant. L3 will take place in a private room of our Hale Parkway clinical offices, a handicap-equipped, free parking facility located 3 blocks east of Colorado Blvd. at 12th Street. Our plan is to offer state-of-the-art software with highly acclaimed computer-based literacy programs such as (but not limited to):

1. **Fast ForWord (FFW)**, a remarkable, time-tested language therapy strategy that helps dramatically increase reading levels in only 6 weeks. In fact, people with language problems make 1½ to 2 years of language gains on average after completion of the 6 to 12 week FFW program.
2. Also offered will be the **Interactive Metronome (IM)** treatment program. During this training, participants wear headphones and hand and foot sensors to coordinate their movements to computer-generated musical beats. The system progressively provides challenges to improve basic motor planning, sequencing, and rhythmic timing skills.
3. CHSL is offering a computerized program to address changes in processing that occur with age call **the Brain Fitness Program**. Brain Fitness is recommended for adults who want to improve the speed, accuracy and strength with which their brain receives, records and recalls what they hear. Individuals report improvement in memory and quicker thinking skills. This is closely related to one's ability to communicate clearly, think quickly and remember fully.
4. The **L.A.C.E.** listening and auditory enhancement training program is recommended for individuals with hearing loss who are having difficulty understanding speech and following conversations. L.A.C.E is an adaptive and interactive computerized program to develop listening and communication skills and strategies that can help compensate for those situations where hearing is not adequate. This is a program that can be completed in 20 days.



For more information about upcoming L3 dates and times, keep checking our website at www.chsl.org or call Beth O'Brien, CHSL Director of Children's & Adolescent Clinical Services, at 303-322-1871 x109.



letter from the executive director

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." - Maya Angelou



Some of you reading this letter may remember Lydia Birkle, an audiologist who worked at the Center for many years and devoted her time to helping children

and adults cope with hearing loss. Lydia was much more than an audiologist, hearing therapist and teacher of lipreading. She was a prime example of the Maya Angelou quote above. Lydia truly cared about her clients and had a way of making all of them feel special. Lydia passed away in 2001 at the age of 96.

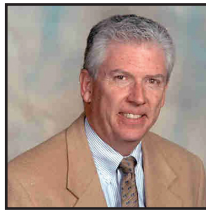
I remember Lydia with great fondness and would like to think that her legacy of a caring spirit lives on in each of us at The Center for Hearing, Speech and Language. She made such an impression on me in the way she listened, cared, and genuinely felt affection for all of the people who came to see her. Our philosophy continues to be that we want to have that same "spirit" that Lydia brought to so many individuals—that our clients know we truly care about them—whether it is the child in speech therapy, the older adult getting new hearing aids, or the child being screened for hearing and vision problems. My hope is that everyone who comes to the Center for services will feel valued and know that they have received the highest quality of care from someone who is truly interested in them.

This holiday season, when so many people are worried about the economy, healthcare needs and the basic necessities of life, think about what Maya Angelou said and see if you can't help someone else to feel special in this world. That is surely a real joy of the season.

Jill Wayne



ANNUAL SOUTHWEST SERTOMA GOLF TOURNAMENT DOES IT AGAIN!*



12th Annual Golf Chairman, Mike Foley

The Southwest Sertoma Club has been producing an event that benefits The Center for Hearing, Speech & Language, as well as other charities, for twelve successful years. This year, the event took place on Monday, July 14th at Pinehurst Country Club. Participants enjoyed a beautiful day of golf and a fun evening that included a Silent Auction and dinner ceremony. Auctioneer Dax Gillium kept things lively with fast-paced bidding and Guest Speaker Dusty Saunders, a reporter, editor and columnist who spent 53 years with the Rocky Mountain News, shared some of his lifetime experiences with the audience.

The Tournament was chaired by long-time Southwest Sertoma member, Mike Foley. In addition to the gentlemen of Southwest Sertoma, members of the committee also included the ladies of La Sertoma, whose special touches made the silent auction the great success it was. Special thanks to Nadine Johnson, Cheri Pierson and Teresa Sanman.

And if that's not enough, the entire event was topped off with a Sertoma International Matching Grant benefiting The Center for Hearing, Speech & Language. Proceeds help fund the Center's charitable programs for low-income children, adults and seniors.

MARK YOUR CALENDARS!! Our 13th annual tournament will be held Monday, July 13, 2009.

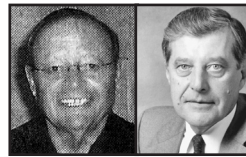
*Please check out our tournament insert in this issue of Listen Up!



tidbits

TRIBUTE TO THE LATE RON PLUSK AND CHUCK BEALL

We are all saddened to learn of the passing of long-time CHSL board member Ron Plusk, who served many years as the agency President, and Colorado Springs Advisory Board member Chuck Beall. Both of these dedicated, hard-working individuals died from complications due to cancer. Ron passed away on April 8th and Chuck on August 13th. We send their families our deepest sympathies.



Chuck Beall Ron Plusk

OUR RISE LITERACY PROGRAM EARNS HIGH PRAISE...AS USUAL!

Hats off to Martha Ashley, an Administrator at St. Mary's Academy, one of the host sites to CHSL's RISE Literacy Program. RISE is a literacy initiative that provides enrichment and the right stimulation and caring attention to help kids become "school-ready." Martha, who assists in scheduling, monitoring and problem-solving for the program, has many nice things to say on the subject: "Most Tuesdays, our advisories are administering RISE at Martin's Early Learning Center." said Martha. "A second school will soon be added. Eager and welcoming pre-school children and an imaginative and effective literacy program combine to make magic. Middle School students return energized from the hour of instructing and interacting. They (The RISE representatives) are making a difference in the lives of these young children." Martha sums it all up eloquently: "As in all good community service projects, there is reciprocity in the experience."

CHSL WELCOMES BOARD MEMBER CHRISTIE NUDELMAN

We've done it again! Welcome to another terrific addition to our board! Christie Nudelman actually rejoins our group after a few years' hiatus. Her story is an interesting one because she has been a hearing loss patient of Audiologist/Executive Director Jill Wayne's since 2006.

Read about Christie's journey in this edition of Listen Up.

THE CENTER IS CELEBRATING 90 YEARS OF SERVICE!

We began in 1918 as a lip reading club and have gone through several positive transformations to become what we are today!

In these early years, the staff members were volunteers who gave their time and resources to try to build a network of support services for the hearing impaired. These respectable citizens were dependable, well-placed Denver citizens - housewives, husbands, business and civic leaders who were, more often than not, taking on a cause that meant something to them - that was close to their own hearts. Perhaps their children were struggling in school with speech delays or their aging parents were suffering profound hearing loss. Today, we are a staff of certified professionals helping over 8,000 children and adults with their hearing and language/literacy issues with our cutting-edge therapy options and compassionate audiology services.



President Teddy Roosevelt rides down 17th St. in an open car during his visit to Denver (around 1918).

CHECK OUT OUR NEW WEBSITE AT: www.chsl.org

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Listen Up Editor - Margot Griffith Newman
Director of Marketing & Development

PLEASE REMEMBER THAT WHEN YOU GIVE TO CHSL YOU HELP A SENIOR BUY A HEARING AID OR A CHILD GET THE IN-SCHOOL SCREENING THEY NEED!

SEND IN YOUR CONTRIBUTION TODAY!

IT'S SOMETHING YOU CAN FEEL GOOD ABOUT!

